

Prepare:	Quiet location? No distractions? Talk aids ready?
Reason:	Not knowing the dangers of confined spaces has led to the deaths of many workers.
Why:	The dead often include ill equipped rescuers.
Outline:	This talk will cover hazards, before entry, work in confined spaces and emergency procedures.



- Most injuries from slips, trips and falls occur because of poor housekeeping.
- Many items such as coiled cables, hand tools, lengths of pipe or timber etc. left on the ground will trip someone if not deposited in a safe position.
- Spilt substances such as oils and greases will form a slip hazard if not immediately cleaned up.
- General debris such as brick and block fragments etc. can quickly accumulate and form a tripping hazard if not cleaned up as it is created.
- Trailing cables are another frequent cause of tripping.
- Mud left on the rungs of a ladder by the previous user will represent a slipping and falling hazard for the next person.
- Reduced levels of natural light, for example during winter afternoons, can easily increase the tripping hazards if adequate access lighting is not provided. Tools, equipment and materials which are visible in full daylight might be hidden in semi-darkness.

- Clear up waste materials as you create them. Lightweight waste should be bagged or bundled and nails removed from waste timber.
- Do not leave tools, equipment or unused materials lying about on the floor.
- If you are using substances which could possibly spill, ensure that you have a means of effectively clearing up the spillage.

[illegible]

TOOLBOX TALK #46

Slips, trips and falls

NOTES

- As far as possible, route cables for power tools above head height. If cables have to be routed at floor level try to avoid crossing pedestrian walkways.
- If the site is muddy, scrape mud off your boots before climbing ladders or walking anywhere else where it might be a danger to others.
- Be aware of the increased risks of tripping as the level of natural light fades. Ensure that all tools, equipment and materials are stored in a safe location.

Q: What would be an effective way of clearing up spilt liquid?

Do you have any questions for me?

REMEMBER:

Tidy up as you go, your carelessness could cause serious injuries to someone else

Sources: [Slips and trips - HSE](#) [Causes and prevention - Slips and trips - HSE](#) [Slips and trips - HSE](#) [Slips and trips - HSE](#)

For more information

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